June 19 2013______



If you want to win something run a sprint, if you want to experience something run a Marathon.

Like a marathon, the establishment of a Hospice and Palliative Care Centre in the Annapolis Valley is a true test of endurance for our Board Members, partners, donors and fundraising volunteers. A running coach may say run the first part of a race with your head, the middle with your personality and the last with your heart.

We have stayed our course and now, with the finish line in sight, we look into our hearts to remind

ourselves of the important role our Hospice Centre will play in the lives of our families and neighbors living in the Annapolis Valley facing life limiting illnesses. The community continues to rally behind the Our Community Our Health Campaign as we work towards an ambitious \$8 million goal.



In January 2013 we were pleased to form a partnership with the staff of Grant Thornton LLP in Kentville, in planning our first Hike for Hospice. The Annual Hike for Hospice takes place the 1st Sunday in May, and marks the start of Hospice and Palliative Care week in Canada. We envision this to play an important role in our goal to be engaged with our community. The Hike will be just one of the ways we will continue to provide resources to the hospice program in the future.

During this past year we continued our collaboration with Annapolis Valley Health (AVH) through the Hospice Options Working Group. We continue to hear from families who have benefited from the use of the special rooms introduced to the medical unit. We also became involved in reviewing the role of the palliative care volunteer. The establishment of the Hospice linked to Valley Regional Hospital offers new opportunities for the Palliative Care Volunteers that currently serve the Annapolis Valley community. We look forward to continuing this work.

The work of helping requires caregivers to open their hearts and minds to the person they are caring for, a process that can come with a cost to their own well being. On behalf of the Valley Hospice Foundation I wish to thank Sue Smiley for her presentation and for providing us with valuable information on Compassion Fatigue & Self Care.

The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart.-- Helen Keller

Diana Patterson - Chair

Hospice Options Working Group

The Hospice Options Working Group is a joint committee of the Valley Hospice Foundation and Annapolis Valley Health (AVH). The group acts as a resource to support and provide input during the development stage of the Hospice and Palliative Care Centre. The group is chaired by Fern Brydon, District Manager for Palliative Care and Continuing Care. The Foundation is represented by Diana Patterson, the VHF Chair, and by Don Wells, VHF Vice Chair. The remaining group members include: Kathy Swindell, Nurse Manager (Medical Unit); Fran Duggan, Director of Health Programs – Seniors Care; Dr. Karen Burch, Palliative Care Physician/Internal Medicine; and Kathy Phillips, Community Representative. Other senior staff of AVH participate with the Group when appropriate.

The group has concentrated on policies and other practical matters that will be required when the new Hospice opens. It also considers other matters relating to the palliative care program of the District. During the past year the "Travelling Medical Chart" has been completed and tested, to provide for a continuous and comprehensive record for patients who move from location to location, such as home to hospital to hospice, and perhaps back to home.

The Group also initiated a meeting of current palliative volunteers, who have been reviewing the approach to volunteer services at other hospices. The group includes Paulette Gash, Karen Burch, Kathy Phillips, Nancy Chipman, Joyce Stevens, Jennifer Longley and Diana Patterson.

The two palliative care rooms in the medical unit introduced a year ago have been in use, and the response from families has been good. These rooms provide a transition to the Hospice, until it is completed. The two rooms have been remodeled to make them more comfortable and homelike. With the help of the Our Community Our Health Campaign, the VRH Auxiliary and the VRHF the rooms have been equipped with double hospital beds and comfortable lounge chairs so that families may stay in the room.

The Provincial Department of Health has issued a request for proposals for the planning of a facility to house the hospice as well as the planned dialysis unit. When the project gets underway, it is anticipated that the options group will be called upon to provide input during the planning and construction stages.

When the Hospice becomes operational, the Options Working Group will be replaced with the Hospice Advisory Committee, as provided in the Memorandum of Agreement between the Valley Hospice Foundation and Annapolis Valley Health. This Advisory committee will continue with work similar to that of the Hospice Options Working Group.

Don Wells

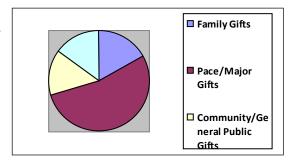
Vice Chair - Operations

Fundraising Report

It is often said that a Capital Fundraising Campaign is a marathon not a sprint. The Our Community Our Health Campaign, like a marathon, is ambitious and has offered plenty of challenges along the way. But there is a finish line and ours is in sight. We are closing in on our \$8 million goal. Total pledges and gifts as of March 31 2013 is \$6,729,721. (verbal gifts of \$274,000 are included.)

During the campaign several fundraising initiatives have been introduced, some of which have become signature events in the Valley.

Also, over 12,000 donations have been received from individuals, foundations, community groups and businesses.



Each contribution has varied but all are significant!

As a result of this support, the first major redevelopment and updating of the Valley Regional Hospital since it opened its doors in 1992 has been completed. Many have experienced first-hand the amazing transformation of our regional hospital after several years of extensive renovation, made possible in part by the Capital Campaign.

We are thankful that so many have contributed to the campaign to date thus allowing many of the planned changes to move forward in a timely manner. But there is more to be done, including the creation of the hospice and palliative care centre.

The Capital Campaign is the primary focus of the Foundation's fundraising. At the close of this fiscal year, 2012/13, the Valley Hospice Foundation renewed their partnership with the Valley Regional Hospital Foundation in the management of the Our Community Our Health Capital Campaign.

The Joint Campaign Management Committee (JCMC) consists of members of the Valley Hospice Foundation, Valley Regional Hospital Foundation and the CEO of Annapolis Valley Health. There has been focused attention towards moving forward an agenda for design and detailed planning of the hospice building, and for the final push to reach our \$8 million goal.

In addition to our Capital Project, we are pleased to be introducing the Hike for Hospice in the next fiscal year as an annual event that will support the Hospice building now and other programs in years to come. We thank the many volunteers and donors who have given their support over the past years.

Wayne Woodman – Vice Chair, Fundraising
Dale Sanford – Campaign Director

Treasurer's Report

The bank account for administrative purposes for the Valley Hospice Foundation was \$196,334 as of March 31, 2013.

The major asset of the Foundation is the investment of \$1,853,697 to "Our Community, Our Health" campaign for the building of the Hospice. It is noted that this reflects the net of gifts & payments received towards multi-year pledges to the Hospice portion of the Capital project. Total assets are \$2,061,263. Campaign costs are budgeted at 17% over span of the campaign period ending March 31, 2014. The Valley Hospice Foundation's audited statements are available to the public for review.

Motions:

- **1. Approval of Statements:** It is moved that the 2012 2013 Financial Statements prepared by Morse Brewster Lake be accepted.
- **2. Appointment of the Auditors** It is moved that the auditing firm of Morse Brewster Lake to be reappointed as the auditors for this fiscal year 2013 2014.

Jim Noonan Treasurer

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### **Nominating Report**

The Nominating Committee recommends the following appointments for membership on the Board of Directors:

Director Wayne Woodman 31 March 2016

Director Martha Stewart 31 March 2016

Director Brenda Wallace-Allen 31 March 2016

Note: Directors shall be eligible for re-election in accordance with Article 26 of the By-Laws of the Valley Hospice Foundation. There is no Term Expiry date for the Past Chairman since the term is dependent on the stepping down of the current Chairperson.

Further, the Committee recommends, on behalf of the Executive of the Valley Hospice Foundation:

Dr. Jeanette Auger be recognized for her devoted service to the Valley Hospice Foundation by being named an Honorary Member of the Valley Hospice Foundation.

(Moved in the Executive by Wayne Woodman, Seconded by Jim Noonan; Motion Carried)

# (Nominating Report continued)

The Nominating Committee also recommends the following appointments for the 2013-2014 year:

Chair Diana Patterson

Past Chair Dr. James R. C. Perkin

Vice-Chair, Fundraising Wayne Woodman

Vice-Chair, Operations Dr. Don Wells

Treasurer James Noonan

If these recommendations are approved, the Board for 2013-2014 will be:

| Position                | Name                   | End of term on Board |
|-------------------------|------------------------|----------------------|
| Chair                   | Diana Patterson        | 31 March 2015        |
| Past Chair              | Dr. James R. C. Perkin | As Required          |
| Vice-Chair, Fundraising | Wayne Woodman          | 31 March 2016        |
| Vice-Chair, Operations  | Dr. Don Wells          | 31 March 2015        |
| Treasurer               | James Noonan           | 31 March 2014        |
| Director                | Dr. David Acton        | 31 March 2014        |
| Director                | Dr. Karen Burch        | 31 March 2015        |
| Director                | Robbie Harrison        | 31 March 2014        |
| Director                | Beverly Richardson     | 31 March 2015        |
| Director                | Martha Stewart         | 31 March 2016        |
| Director                | Brenda Wallace-Allen   | 31 March 2016        |

**Don Wells – Committee Chair**