

8th annual **Hike for Hospice**

**May 3, 2020**

On the first Sunday of May each year, our community joins others across the country to hike in support of Hospice and Palliative Care.

Come Hike with us... every step you take makes a difference!

5 km Hike starts at Valley Regional Hospital Cafeteria

[valleyhospice.ca](http://valleyhospice.ca)



We start at [Valley Regional Hospital Cafeteria](#) and go to [Miner's Marsh](#) for a beautiful 5 km hike.

1:30 pm:	Hiker's Check In / Register – VRH Cafeteria
1:30 – 2pm	Social
2 pm:	Group Hike (5 km)

Register on line at [valleyhospice.ca/events](http://valleyhospice.ca/events)

Brochures/ Pledge Sheets available at:

Valley Regional Hospital, Kentville (Lobby Display)  
EKM Health Centre, Wolfville

Contact us: 902.679.3471 or [info@valleyhospice.ca](mailto:info@valleyhospice.ca)