



Building the Hospice

It's exciting to witness the construction of our new residential hospice. As soon as the sod was turned in October, our hospice was officially underway. The wooded area near Valley Regional Hospital quickly became a construction zone. The weather cooperated, allowing for the exterior footings and foundation to be completed. With spring thaw just around the corner, the project will continue to move forward. We're working towards completing construction as scheduled by the end of 2019.



Beyond the Building

Beyond our building, there are dedicated doctors, nurses, support staff, and volunteers who make up our Annapolis Valley Palliative Care Team. They provide amazing care to dying patients and their families across all care settings, and will be there for families when it's time to enter the hospice.

The Foundation is pleased to support the work that's been underway to re-establish Palliative Care volunteers in the Valley.

32 caring individuals were recruited and screened to visit patients in their homes, hospital, nursing home or hospice. 20 have successfully completed the required training program, and began regularly visiting patients in July.

The role of palliative care volunteers is to provide companionship, a listening ear, or respite so that caregivers can take a break.

After the success of the Palliative Care volunteer training program, we've started planning volunteer roles for the hospice.

Hike for Valley Hospice

Hike for Hospice Palliative Care is a unique national fundraising event held across Canada to raise funds and awareness for local hospices. We'd love for you to join our 7th annual 5km hike in support of our Valley Hospice.

Date: Sunday, May 5, 2019

Time: 1pm: hikers check in & Ice Cream Social. (non-hikers are welcome!)
2pm: group hike starts

Location: Valley Regional Hospital Cafeteria

Funds raised from the hike will go towards enhancing private patios connected to each hospice bedroom – providing a comfortable outdoor space for families and residents.

For more information and to register, visit our website or contact Dale Sanford at (902) 679-3471; dale.sanford@nshealth.ca.



New at the hike this year!

**1pm to 2pm: Ice Cream Social
At the Valley Regional Hospital Cafeteria**

***Non-Hikers are welcome to drop by for
ice-cream and learn more about our
Valley Hospice.
(Free will donation)***

Yes, I wish to support Valley Hospice Foundation

Cheque payable to Valley Hospice Foundation

Donate on line: valleyhospice.ca

Gift Amount: ___ \$500 ___ \$250 ___ \$100 ___ \$50 ___ \$25 ___ Other \$ ___ Monthly \$ ___

Visa/MC #: _____ Expiry: ____/____

Name: _____

Address: _____

Town: _____ Prov. _____ Postal Code: _____

Email: _____ Phone #: _____

___ Please use my email to send Hospice updates. Signature: _____

Valley Hospice Foundation, 23 Earnscliffe Avenue, Wolfville, NS B4P 1X4

Charitable Registration # 894902923 RR001

Sign up for our monthly e-newsletter: email dale.sanford@nshealth.ca
For weekly updates, follow us on social media:

@ValleyHospiceFoundation @ValleyHospice